

### Wireless Biosensors in Everyday Life: Quantified Self meets the Internet of Things

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## Overview

- Wireless biosensors Towards Quantified-self
- Internet of Things
- When Quantified-Self meets the Internet of Things

# Quantified Self (QS)

- The "quantified self" movement aims to measure all aspects of our daily lives with the help of technology.
- Log our daily activities and health and body conditions could bring us a better understanding of ourselves, our nature, and may even benefit our health.



# Why Quantified-Self



- To track, quantify, and measure the body and its environment.
- Using wearable or portable sensors to detect heart rates, respiratory rate, glucose levels, steps taken, humidity, temperature, and turn them into electronic data.
- Biosensing technologies become part of everyday life.

### Conventional biosensors





### Biosensors @ Quantified Self









<b>Conventional biosensors</b>	<b>Biosensors @ Quantified Self</b>			
Invasive	Non-invasive			
Special operation procedures	DIY / Plug n Play			
Has to be interpreted by professionals	Easy to understand			
Short term term / Intermittent measurement	Long term / Continuous measurement			



## Life Beat<sup>™</sup>



## \_\_\_\_\_\_CardioStik™



### mindwave™ *MoBile*

Education, ALS, ADHD, Etc.



#### **Necomimi** Brainwave Cat Ears

Brand Engagement - 3million+ YouTube Views Time Magazine Best 50 Inventions



#### Interpretive Algorithms

### Body and Mind Biosensors

## Wearable Technology Products

Applications for Health & Wellness

Data Analytics API / SDK's

# Internet of Things (IoT)



# Internet of Things (IoT)

 digital networks of physical objects linked by the internet that interact through web services







# Amazing things happen when QS & IoT married



# Project #1

- Restore communication and control ability to ALS patients with Brain-Computer Interface (BCI) Technology
- Enable smart home control by thought alone



# Type by thoughts alone

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## BCI smart home control









## Project #2





#### Stress measurement and management system







## Project #3





# Future challenge and development @ sensor wearability







### Continuous measurement with Smart-clothing







## 24-7 measurement with E-skin



# Future challenge and development @ Connectivity





### > 7 Bluetooth wearable devices?



## **Huge Demand In Multi-User Applications**



